



Affiliated by  
**National Council of Vocational  
And Research Training (NCVRT)**  
(An Autonomous Body, Registered by Government of India)

Training by  
**SYPA IIE**  
Institute for  
Industrial Excellence

In Association With



# Advanced Diploma in **COUNSELLING AND PSYCHOTHERAPY** ADCP - 8 MONTHS (WITH MCCP CERTIFICATION)



**Live ONLINE Interactive  
Classes (100% Practical)**

**Anyone can learn from  
anywhere in the world.**

**Qualification :**

**DCP, B.Sc / M.Sc (Psychology), MSW,  
MBA HR**

**APPLY NOW**

[www.sypaie.education/apply](http://www.sypaie.education/apply)

**CONTACT US:**

**9962703763 | 97914 75700**

**ADDRESS :**

**SYPA IIE**

No 7, Peter's Rd, 3rd Floor, Royapettah,  
Chennai, Tamil Nadu 600014

# WHY STUDY THIS COURSE

- ✓ Deepens knowledge of Mental Health.
- ✓ Specialized modules in NLP (Neuro-Linguistic Programming)
- ✓ Introduction to Hypnotherapy techniques
- ✓ Enneagram personality system for self and client insight
- ✓ Builds advanced counselling skills.
- ✓ Enhances professional credibility.
- ✓ Boosts self-awareness and growth.
- ✓ Offers supervised practical experiences.

## COURSE HIGHLIGHTS

- ✓ Live Online Interactive Classes with 100% practical sessions.
- ✓ Flexible Learning: Study from anywhere in the world.
- ✓ Duration: 8 Months.
- ✓ MCCP (6 Days Direct Training - @ Chennai)
- ✓ Trainers : Learn from experienced professionals and experts.
- ✓ Resources: Access to LMS video recordings.
- ✓ Languages: Courses conducted in both Tamil and English.
- ✓ Learning materials will be provided.
- ✓ Subject-wise printed reference books will be provided.
- ✓ Certification: Advanced Diploma certificate after 8 months
- ✓ E-certificates at the end of each Chapter.
- ✓ Certification from multiple bodies: SYPA IIE, NCVRT

**CLASS FORMAT - 10 - MIN REVISION + 1 HOUR 30 MIN TRAINING + 20 MIN DOUBT CLARIFICATION**

**3 - DAYS PER WEEK**

**FRIDAY**

**7:00 PM - 9:00 PM (2 hours)**

**SATURDAY & SUNDAY**

**10:00 AM - 12:00 PM (2 hours)**

## WHO CAN STUDY?

- ✓ Working Professionals
- ✓ Business Owners
- ✓ Trainers

- ✓ Students
- ✓ Teachers
- ✓ Psychologists

- ✓ DCP, B.Sc / M.Sc (Psychology), MSW

## COURSE STRUCTURE:

- ✓ 12 Dynamic Chapters
- ✓ 200 Hours of Live Online Classes
- ✓ Case Study and Report writing
- ✓ Field Visit

## COURSE HIGHLIGHTS

- ✓ In-Depth training in major counselling skills.
- ✓ Assessment tools and psychological testing
- ✓ Expert faculty with real world experience.
- ✓ M.Sc Psychology degree holders from UGC – recognized universities can practice as a Counsellors, Psychologists or Therapists in INDIA.

**Attendance :** 75% attendance required for writing exams

**Note :** Internal marks are based on attendance

### Discount

10% – 25% Discount for Promotional Associates

### Scholarship

Widow, Eligible Aalimas, Differently – abled persons, masjid imams and orphans.

## JOB ROLES FOR M.SC PSYCHOLOGY GRADUATES

✓ Counsellor

✓ Psychologist

✓ Therapist

## JOB ROLES FOR OTHERS

✓ Life Skills trainer ✓ Motivational speaker ✓ Wellness Coach

# TRAINING EXPERTS



Experience  
18 Years

**DR. MEENA KAMALAKANNAN**

MSW., MS., PhD.,  
Counselling Psychologist



Experience  
23 Years

**DR. YOUSUF ADAM**

BDS., M.A., M.S., Ph.D (Health Psy)  
Research & Health Psychologist



**AZEEM DANA**

Psychologist & Psychotherapist  
B.Sc., M.Sc In Counselling Psychology  
M.Sc In Counselling And Spiritual Health  
P.G.Dip in Counseling and Hypnotherapy  
P.G.Dip in Memory Development  
Ph.D in Psychology (pursuing)



Experience  
15 Years

**MS. K.M BUVANESWARI**

M.Sc, M.Phil., NET., (Ph.D)  
Assistant Professor  
Dept of Nutrition and Dietetics



Experience  
21 Years

**MOHAMED ARSHADH**

MBA, MDTD  
Certified Train the Trainer,  
Certified Emotional Intelligence Coach,  
Certified NLP Practitioner,  
Relationship Coach.



**MRS. KATHIJA. N**

M.Sc, Applied Psychology  
Faculty  
SYPA IIE



**MRS.A RADHISHA**

Life Coach  
Training Moderator

# LEARNING CHAPTERS

Topics
Psychotherapy
NLP Master & Grand Master Practitioner
Psychological Counselling Skills
Nutrition & Diet Counselling
Hypnotherapy
Psychological Assessment Tools
Psychopathology
Enneagram
Flower Remedies
Coaching/Training Skill
Case Study & Report writing
Field Visit - ( School/College/ Hospital / NGOs/Industry)

## Exam Pattern:

- ✓ Marks per subject - **100 marks**
- ✓ Internal marks : **40 Marks**
- ✓ External marks : **60 Marks** (MCQ type)

(Based on Attendance  
and assignments)

## Exam Pattern:

- ✓ Exam Type : MCQ (Multiple choice questions answers)
- ✓ Mode : Online Exam
- ✓ Field visit + Case Study - **100 marks**  
& Report writing



# COURSE SCHEDULE

Subject	Expert name & Qualification	Total Hours
Psychotherapy	Dr. Meena Kamalakannan - <b>Counselling Psychologist</b> MSW.,MS.,PhD., 	
NLP Master & Grand Master Practitioner		
Psychological Counselling Skills		
Nutrition & Diet Counselling	Ms. K.M Buvaneswari - <b>Assistant Professor</b> Dept of Nutrition and Dietetics 	
Hypnotherapy	AZEEM DANA - Psychologist & <b>Psychotherapist</b> <b>B.Sc., M.Sc In Counselling Psychology</b> M.Sc In Counselling And Spiritual Health P.G.Dip in Counseling and Hypnotherapy P.G.Dip in Memory Development Ph.D in Psychology (pursuing) 	
Psychological Assessment Tools	Dr. Yousuf Adam - <b>Psychological counsellor &amp; psychotherapist</b> BDS., M.A., M.S., Ph.D (Health Psy) 	
Psychopathology	Kathija. N - <b>Faculty SYPA IIE</b> M.Sc Applied Psychology 	
Enneagram	Mrs.A RADHISHA <b>Life Coach</b> <b>Training Moderator</b> 	
Flower Remedies	Dr. Meena Kamalakannan - <b>Counselling Psychologist</b> MSW.,MS.,PhD., 	
Coaching/Training Skill	Mohamed ARSHADH - <b>Relationship Coach MBA</b> 	
	Mrs.A RADHISHA <b>Life Coach</b> <b>Training Moderator</b> 	



# Certificate Distribution Ceremony 2024





# CERTIFICATE DISTRIBUTION CEREMONY 2025





# SYPA National Life Empowerment AWARD - 2025



**Mr. MOHAMED IRFAN**  
YOUTUBER



**Dr. TAMIZHARASI**  
NEWS READER,  
ANCHOR



**Mr. MOHAMED SALEGH**  
CEO, AMS GROUP OF EDUCATIONAL  
INSTITUTIONS,  
CHENNAI



**Dr. J. SADAKKADULLA**  
FORMER,  
REGIONAL DIRECTOR,  
RBI,  
DIRECTOR,  
IKLAS IAS ACADEMY



**Er. S.K. SYED AHAMED**  
PARTNER,  
BHARATH BUILDERS & CONSULTANTS,  
NEW BHARATH ENGINEER COMPANY



**Mr. A. MOHAMED  
JIYAPUTHEEN**  
(FORMER DISTRICT & SESSION JUDGE),  
FULL TIME MEMBER,  
STATE OFFICIAL LANGUAGE (LEGISLATIVE)  
COMMISSION,  
GOVT. OF TAMIL NADU



**Dr. MOHAMED A. RIZWAN**  
CEO,  
ASET GROUP OF INSTITUTIONS,  
TAMIL NADU



**Mr. N. MEERAN GANI**  
MANAGING DIRECTOR,  
KINGS FILES,  
CHENNAI



**Mr. GHANI MOHAMED  
SAJJAD PARVEZ**  
CORRESPONDENT,  
KHADERIA HR SEC SCHOOL,  
VANIYAMBADI



**Mr. SARAVANAN  
THIYAGARAJAN**  
FOUNDER & CEO,  
DIGIMONK AGENCY & ACADEMY



**Mr. EBRAHIM SHA**  
FOUNDER AND DIRECTOR,  
GOWELMART PVT. LTD



**Mr. SKV SHEIK JAINULABUDEEN**  
FOUNDER,  
KILAKARAI CLASSIFIED SOCIAL WELFARE TRUST,  
KILAKARAI,  
MANAGING DIRECTOR,  
TRAVEL ZONE INTERNATIONAL TOURISM LLC,  
DUBAI, UAE



## **SYPA LIFE EMPOWERMENT AWARD FOR ALUMNEES 2024**



## **CPA / MEMBERSHIP BENEFITS**

- ✓ You will get 10% Discount in our courses
- ✓ 25% Share for course admission referrals
- ✓ Annual TOP 10 alumnus will get " Life empowerment award "
- ✓ Support & guidance from mentors & management
- ✓ Best alumni will get family tour (3 people) package 100% Sponsorship



**SYPA LIFE EMPOWERMENT AWARD FOR ALUMNEES 2025**





# **MCCP – MASTER CERTIFICATION IN COUNSELLING PSYCHOTHERAPY Direct Training**





# Google REVIEWS 480 reviews



**Edwin prabakar**  
By Google Review



First of all I want to tell about this institute and trainers is very good sessions with courses are very useful for me and my family.. thanks to everyone in this institute members



**A.Noormisa Bevi**  
By Google Review



ஒரு ஆரோக்கியமான வாழ்வுக்கு உதவும் பயிற்சிகளைத் தரும் இயோக்கியம் என்ற நிறுவனம், பேருரைகளை எளிதான முறையில் புரிந்து கொள்ள உடனியல், உணவியல் சீர்திருத்த செயல்பாடுகளை புரிந்து கொள்ள உதவுவதான அற்புதமான அனுப்பு இந்த அனுப்ப அறிமுக செயல்பாடு மூலம் நிறுவனத்திற்கு என்ன நன்றியை தெரிவித்துக் கொள்கிறேன்.



**Priya Ramesh**  
By Google Review



Wonderful and needed concept of believe systems concepts, school of psychology concepts, brain detox concepts, self confidence concepts are Perspicacious and its very useful to me. Thank u sya



**Pugazh T**  
By Google Review



It's an wonderful Opportunity and Experience to learn about to start new life in a new way!! And I learned how to control my stress.



**SATHISH J**  
By Google Review



I learned DCP course and SYPA IIE provided clear explanations and practical examples, making all thought concepts in easier way to understand. I convey my heartfull wishes to my experts who thought me.



**Mariyam Saleem**  
By Google Review



I am Mariyam acting as a house wife and I was thinking to do multiple jobs at the same time but I was struggling with time management. My husband recommend me to join DCP course and now I completed this course and I am very much thankful to my husband for bringing awareness about this course. SYPA is conducting wonderful courses even for house wife.



**Fathima Johara**  
By Google Review



Diploma in Nutrition and Dietetics : I had a fantastic experience with SYPA. They provided Us nutrition guidance that really made a difference in my health journey. Moreover, Staff are approach very professional & friendly, making me feel comfortable discussing dietary concepts. I highly recommend [Diploma in Nutrition and Dietetics] for anyone seeking reliable nutrition Knowledge.



**NEHAL AHMAD**  
By Google Review



Hi this is Nehal Ahmad, Founder and CEO of Educulte, Bangalore. I have attended the Training program which was conducted by sya was excellent and very informative and also trainer was well knowledgeable. I would recommend everyone to attend such session to empower ourselves. Thank you sya for providing such excellent program and keep it up. Thank you



**Mohamed Yunus A**  
By Google Review



How to overcome our overthinking and anxiety class was very interesting and easy to understand and I have learned many new technics from the course for my regular life style physically and mentally. Thanks to SYPA team



**FAWA Agency Tmkudi**  
By Google Review



Every women should know about psychology, bcz she can lead family members in good way, nowadays they can't go colleges for study. SYPA is giving very good quality and golden opportunity to everyone in online matter. I am very proud to be a student of SYPA institute.



**Reema V**  
By Google Review



Wonderful session. Explained very well with the real life example it was easy to understand. Expecting more sessions related to mental health.



**Mohammed Ilyas Jabar**  
By Google Review



Ilyas from Villipuram  
Thanks SYPA for giving me the opportunity! the expert staff gave their best learning practices throughout the course. This DCP course gave me numerous methods for maintaining problem and solving them

# Google REVIEWS 480 reviews



**Handhini Selvaraj**  
By Google Review

★★★★★ 5.0

I got an nice experience in the class It's really wonderful doctor sir doing a great job. One of my first class im really amazing on it.



**Mohamed salik salik**  
By Google Review

★★★★★ 5.0

Overall, I highly recommend this course to anyone looking to understand what is life and how to balance life and handle stress. I was into full stress before joining the course, now iam completing free from entire problem. Thanking SYPA team for their efforts. 🙏



**Deepika M**  
By Google Review

★★★★★ 5.0

It was a great session about overthinking & anxiety and how it is linked. It was very useful for the action plan who are facing overthinking and anxiety and how to handle it. Most of all the session was interactive that's very useful for everyone. Would like to attend upcoming webinars about the mental well-being. Had really great session which was very useful to apply it in life for our mental health. Thank you!



**farook kashifi**  
By Google Review

★★★★★ 5.0

This education was very useful for me. Really everyone should study. They provide high quality education with very little money. I have never seen such a good hearted institution. Even though we are scholars, we are already studied in Quran and Prophets, but this institution helps to stimulate our brains in detail.



**Marliya M**  
By Google Review

★★★★★ 5.0

I've completed my bachelor's in psychology in distance (corresponding). And I had no knowledge about psychology. The course in diploma psychology helped me gain more knowledge and information in psychology. It was really helpful for my personal growth also. I'm very glad that I had joined this course. Even the islamic psychology they provided is very useful for day to day to life achievement. Thank you for the opportunity to give me a feedback about Sypa.



**Bharathi A305**  
By Google Review

★★★★★ 5.0

Today's class was very good. It was very helpful for the current situation. The teacher was very friendly and approachable, without any fear. It was great. I liked it a lot. Thanku so much...



**Dharshini Priya**  
By Google Review

★★★★★ 5.0

This is my first time experience in SYPA IE very experienced Guidance, all are expert in this coaching everyone can understand easily even I too gain lot of Good things in it. Psychology may helpful to myself and I make others how I feel in it. Thank you SYPA for make me confident and mature.



**Dharshini Priya**  
By Google Review

★★★★★ 5.0

This is my first time experience in SYPA IE very experienced Guidance, all are expert in this coaching everyone can understand easily even I too gain lot of Good things in it. Psychology may helpful to myself and I make others how I feel in it. Thank you SYPA for make me confident and mature.



**Sara samersa**  
By Google Review

★★★★★ 5.0

This session on 'Agam, Purani' was soo intresting and knowledgeable. By this session had a clear understanding about healthy marriage, and about the methods to improve male and female understanding. Got a clear view on how to improve the understanding of marital issues. Thank You for this great session sir.



**Sid Basheer**  
By Google Review

★★★★★ 5.0

Wonderful session of how life's perspective can be changed towards a positive vision and the teaching was excellent.



**Kamila parveen**  
By Google Review

★★★★★ 5.0

The session on "Marital Counselling" brought about clarity & differences between Gender characteristics, Reasons & reactions were simplified, explained in a way that is understandable by all. Development of understanding to bring about a healthy marriage could be successful by the will of Almighty & considering these keys. A knowledge that everyone needs but still underrated. Thank you for this effort to bring about betterment amongst the society. 🙏



**HAMEED MARICAR**  
By Google Review

★★★★★ 5.0

I learned to think of the present instead of thinking of both the dead and the future. I learned how to let go of unnecessary burdens. I learned my good and bad qualities by asking my family and friends. I learned the characteristics of winners and losers. I learned the differences between the two by choice or by chance. Very Very useful.



# FEES STRUCTURE

S.No	Particulars	Fee	Conducting board /Awarding board	Benefit
1	Application Fee	Rs.500/-	SYPA IIE	
2	Course fees	Rs.3,000/- Per month (Rs.2,500 for sypa DCP students)	SYPA IIE	Training will be provided by experts through online classes
3	MCCP Certification (Master Certification in COUNSELLING & PSYCHOTHERAPY) (OPTIONAL)	Rs.15,000/- for ADCP students ( for others Rs.20,000)	SYPA IIE	Direct Training (6 Days Direct Training - @ Chennai)
4	Advanced Diploma Certificate Course (1 year)	Rs. 2500/- for mark sheet & diploma certificate	NCVRT (National Council of Vocational and Research Training), New Delhi	Useful for job roles as Life skill coach / Wellness coach Note - NCVRT certificate is valid for government Attestation
5	CPA/Membership	Rs.500/-	SYPA IIE	Course referral - 25% & Other benefits
6	Glocal University, UGC approved	Skill diploma Certificate - Rs. 7000/-	UGC Approved University	Additional / not compulsory
7	SYPA IIE Covocation	Rs.1,500/-	SYPA IIE	Function arrangements Dress code - Rent Refreshments

# CERTIFICATE



**SYPA IIE Skill certificate**



**National council of vocational and research training**  
(An Autonomous body, Registered by Government of India)



**Wisdom institute of management & Technology, Sri Lanka**



**Certified SKILL DIPLOMA from Glocal University**  
(Approved by UGC)



# MODEL DIPLOMA CERTIFICATE



		<b>GLOCAL UNIVERSITY</b>		U.S. 1000000	
In University Established by U.S. Act 2 of 2013					
					
Department of Health					
Certified Skill Diploma in Counseling and Technology					
2013-2015					
Name: Syed Ibrahim Bukhari			Certificate No: 123456789		
Subject: Diploma in Counseling Psychology			Duration: 12 Months/1 Year		
Subject Code	Subject Name	Obtained Marks	Min. Marks	Max. Marks	Remarks
123456789	COUNSELING AND TECHNOLOGY	75	65	100	Pass
123456789	MARKING TECHNIQUES	80	70	100	Pass
123456789	TECHNOLOGY IN COUNSELING	85	75	100	Pass
123456789	APPROACHES TO COUNSELING APPLICATIONS	90	80	100	Pass
123456789	TECHNIQUES IN COUNSELING APPLICATIONS	95	85	100	Pass
123456789	MARKING TECHNIQUES IN COUNSELING APPLICATIONS	100	90	100	Pass
Aggregate Marks					
Marks	Grand Total	Result	Percentage		
123456789	100	Pass	100%		
123456789	100	Pass	100%		

  
Syed Ibrahim Bukhari

  
GLOCAL UNIVERSITY  
Center of Excellence



# DISCLAIMER

- This is a Self-Empowerment Course / Life Skills Course designed to help individuals understand their life purpose, learn essential life skills, and achieve personal growth.
- **Note:** Completing this course does not make you a licensed psychologist, counselor, or therapist.
- Only M.Sc. Psychology degree holders from UGC-recognized universities can practice as Counselors, Psychologists, and Therapists in India.

# OUR ACHIEVEMENTS

**16 lakhs +**

Guided Students through 1300+ Career guidance Programs

**169**

Education Support to 169 Students (currently 36 students studying with our support)

**957**

Students Studying UPSC IAS, SSC, TNPSC & other Job Skill Training & Diploma courses

**98**

Small Business Start -up support to 98 backward women / men

**19000+**

Job Skill Training Provided to 19000+ Unemployed Graduates & Dropouts

**357**

SYPA Awards to Educationalists, Entrepreneurs & Students

**7000+**

Life skill Training Providing to 1400+ students (including 250+ masjid imams)

**87**

Students (men & women) Studying degree with Employment Training Scheme

**4**

Career guidance books for All indian Students

**190**

Entrepreneurship (business) Conferences/Expos/Workshops

**500 +**

India's First Braille Career guidance book (Vol 1&2) for Visually Impaired

**4**

Business Magazine Published

**For Contact - 99627 03763 / 97914 75700**

Follow Us



@syipaie



info@syipaie.education



www.syipaie.education